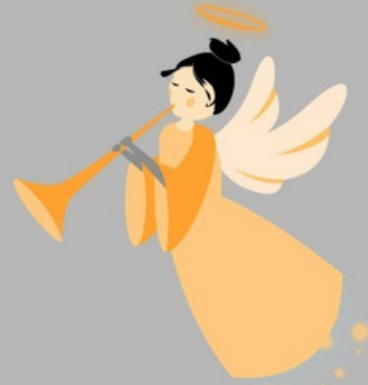




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ISSUE - NOVEMBER 2024 - FEBRUARY 2025

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ALL SOULS DAY

NOVEMBER 2

"For the wages of sin is death, but the free gift of God is eternal life in Christ Jesus our Lord."

ROMANS 6:23





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ALL SOULS DAY - JOINING THEM ON THE JOURNEY

As we participate in this Commemoration of All Souls on 2nd November, let us commit ourselves first to praying for those who have died and are in need of final purification. Purgatory is God's act of final mercy for those whom He loves with a burning and purifying love. Our prayers open the floodgates of God's love on those who need it the most.



As we pray for those who have died, pray also for our own soul and ponder how fervently we seek to become transformed into a living saint. Though the journey to divine union is not a quick and easy one, it is a journey well worth it.

Lets make it our exclusive mission in life, and know that if we do, we will never regret it.

On this feast of All-Souls Day, we commemorate all those who have gone before us for their eternal reward, those who have died, marked with the sign of faith. We already commemorate the dead at every single Mass, as part of the Eucharistic Prayer, and we will hear these words once again on this day.

We recognize that they are part of the mystical body in the church. But on this day we reflect in a special way, not so much on the dead, but those waiting for their reward at this moment. The topic may sound morbid, but in fact, it contains a secret to tremendous joy. Unless Jesus happens to return in glory first, we will all have to face death, whether our own or that of someone close to us. And our faith has a direct impact on how we face this ultimate moment. The celebration of All Souls where the day is based on the theological teaching that some of those who have departed from this world, have not been perfectly cleansed from venial sin, or have not fully atoned for their past transgression. As such, being temporarily deprived of the beatified vision until such time as they have been completely sanctified in Christ; these departed souls are to remain in Purgatory.



Sr. Jyoti Vorugonda, asc



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The hidden horizons of Hope

There is a saying that, the hospitals are considered as divine sanctuaries where God appears to soothen the hearts of those who are sunken with grief. It is a also a sacred place because one learn to respect the pain of the sick and accompany them in this sacred ground, longing for the intervention of God, perceiving the subtle foot steps of God.



I had the possibility once again to be in this divine place and I consider it as a divine blessing. In the last one year of my life in Bambino Gesù hospital, Palidoro, Italy is rather a fruitful one with regard to its human and pastoral implications. On one side you meet the children along with their families undergoing great challenging situations and on the other side it's a place where one is offered healing and wellness in correspondence with the ailment. I had ample possibilities to be with the families who are in distress and who really need accompaniment, a shoulder to lean on especially when the sickness of

their little one persist and healing remain as remote reality.

The pastoral equipe of the hospital is constituted with a permanent Deacon along with 5 parish priests of surrounding territorial parishes and myself. Apart from the spiritual assistance that is being provided to long term and short term patients, through daily Eucharist, adoration, confessions, distribution of Holy communion, we also have special moments of communion and input sessions with the little patients where we help them to accept pain as part of life.

At the request of the hospital authorities I am asked to extend my visit to other centers of Bambino Gesù hospital; paliative care center in Passoscuro and Santa Marinella. The fact is that the patients are being shifted to each of these centers according to their pathological conditions and requirements of specific therapies.

To those children who are in the palliative care it is almost a survival period; between death and life and it is indeed a difficult task to accompany them to a serene end. In random situations we find parents of the children accept the reality and walk the path of profound faith.



In any of the case, the suffering of the innocent remains a mystery unexplainable in human terms. Only in the context of the Paschal mystery and in the transforming power of the Blood of Christ one can find real significance in suffering.

For I reckon that the sufferings of this present time are not worthy to be compared with the glory which shall be revealed in us.

—Romans 8:18

living the suffering moments but finding in it a supernatural dimension of hope, assimilating it and uniting it to the sufferings of Jesus on the Cross, thus participating in His glory.

“When you pass through the deep waters I will be with you; and when you pass through the rivers, they will not sweep over you. When you walk through the fire, you will not be burned” (Is 43:2) The Lord makes His presence invisible in the suffering person and travels with him or her in all the highways of darkness. Our presence as Adorers in this reality of the Cross impels us to seek ways to live meaningfully

our daily crosses, so that those around us may comprehend the deeper meaning of the mystery of suffering and its implications in their life.

For the coming jubilee year, the pastoral equip of the hospital is on the process of discussion to bring about a series of reflections and other moments of prayer based on the chaplet of the Precious Blood. Sr.Nadia is also invited to develop the theme especially “on the innocent suffering and the Blood of Christ” which would indeed foster and enhance the richness of thought and its real application in the journey of life. From the moment of Jesus’ birth to His death the bitter chalice was never missing in His life, or rather the love for human being made possible for Him to drink the chalice to the last drop...let us also profess along with the disciples “we are able to drink the Cup that you drink”.



Sr. Beena Thoombalan asc
Palidoro

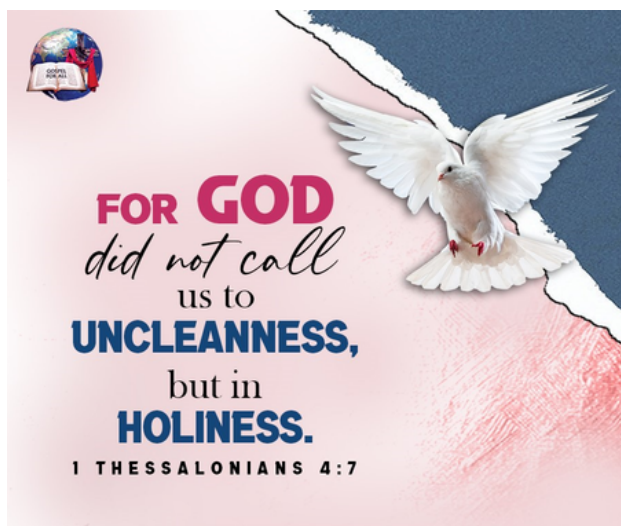


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STRIVE FOR HOLINESS FOR LIFE !!

"The standard of Holiness is God himself, we are called to rise to this level of Holiness through Jesus and become like him."



Holiness is God's free gift.

The call to Holiness:

What must we do to attain the holiness of life ?

There is only one who is holy that is Jesus who is God and Man. Therefore, we must meditate on the life of Jesus, imitate and follow Him.

"Be holy in all your works, just as He who called you is holy" (1 Pet 1:15).

Be Holy, through Holy Communion:

Jesus' entire life is offered as a daily sacrifice on our altars. Receiving the Lord in the form of Eucharistic bread gives not only the kind of closeness to Him that one gets when standing next to infant Jesus in the manger of Bethlehem or at the foot of the cross in Calvary, but it also gives the experience of God. Receiving Holy Communion will make us holy.

....Excerpts from Catholic Magazine



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Teachers' Day Celebrations at St. Anne's, Chandigarh

Teachers day is very special day for all of us. This is the day when we introspect and analyze the noble profession which we have chosen. This year Teachers day was celebrated with great fervor and enthusiasm. To our surprise, the School parliament organized the event and presented a scintillating program for us. We really appreciate the efforts done by students that too on their own.

I really felt special as the cultural program was entirely dedicated to us and the love and affection of the children was clearly visible.



Bharatanatyam, Western dance, Bhangra, School Rock band, a humorous skit, mesmerizing songs and what not. It is really unbelievable the way, students have put up the amazing two hours show.

In the morning we had prayer service in the Church where we asked heavenly father for his abundant blessings for the successful accomplishment of our profession.

We are really grateful to Reverend Father Ambrose and Respected Sr. Siji, Sr. Regina and Sr. Leena who took so much pain to organize everything for us in the best possible way. We enjoyed dancing, playing games and delicious lunch. Sr. Siji gave all of us a token of appreciation.

2024 Teachers Day program was truly memorable and unforgettable.



Deepika Bhandari, Teacher



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Teachers' Day Celebration

On the occasion of **Teachers' Day**, our school organized a grand celebration on September 5th, 2024 to honour the dedication and hard work of our esteemed teachers. The event was coordinated by the student council under the guidance of the organizing committee, and it turned out to be a remarkable success.

Cultural Performances

The celebration began with a series of dance performances, where several groups of students showcased their talents through various dance forms. Each performance was filled with energy, enthusiasm, and creativity, and the students managed to capture the essence of the day by expressing their gratitude towards the teachers through their art. The performances included classical, folk, and contemporary dances, all of which were highly appreciated by the audience.

PowerPoint Presentation by Students

A special segment of the event was the PowerPoint presentation prepared by the students. It was a heartfelt tribute to the teachers, highlighting the invaluable role they play in shaping young minds.

The presentation included beautiful memories, pictures, and inspiring quotes that expressed the students' admiration for their teachers. The effort and thought put into this presentation were evident, and it struck a chord with everyone present, especially the teachers.

Principal's Speech

The **Principal, Sister Catherine**, then took the stage to address the gathering. In her speech, she emphasized the significance of teachers in society and acknowledged the tremendous impact they have on students' lives. She thanked the teachers for their dedication, patience, and passion and reminded the students of the importance of respecting and appreciating their educators. Her words were motivating and left a lasting impression on both the teachers and students.

Lunch Provided by School

Following the formal proceedings, the school arranged a **special lunch** for all the teachers and staff. The lunch was a gesture of appreciation from the management, allowing the teachers to relax and enjoy a delicious meal in a festive and warm atmosphere. The teachers mingled and shared joyful moments, which added a personal touch to the celebration.



Cake cutting Ceremony

The ceremonial cake-cutting took place, symbolizing the sweetness of the relationship between teachers, students, and the institution. The cake, a beautifully designed representation of appreciation, was cut by the all-teaching faculty, joined by the management and coordinators.



Gift Distribution by the Manager

Towards the end of the program, **Brother Joseph MP**, the school manager, presented each teacher with a thoughtfully selected **book as a gift**. The book symbolized the school's appreciation for the teachers' efforts and was a token of gratitude for their continuous contribution to the educational journey of the students. The teachers were visibly moved by this kind gesture.

Conclusion

The Teachers' Day celebration concluded on a high note, with everyone cherishing the moments shared throughout the day. The students' performances, the meaningful presentation, the inspiring speech by the principal, and the thoughtful gifts from the manager all contributed to making the event truly special. It was a day dedicated to honouring the invaluable role

teachers play in shaping our futures, and the school community came together to make the day memorable for all. The success of the event was a reflection of the collaborative efforts of students, staff, and management, and it will undoubtedly be remembered fondly by everyone involved.



Gurmeet Kaur

St. John's Public School (Senior Secondary), Delhi



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TEACHER'S DAY

"A teacher affects eternity; he can never tell where his influence stops." – Henry Adams

India a country of celebration, joy , brotherhood and festivals. A country that commemorate regional, religious and national festivals.

September 5th in India is observed as Teachers ' Day since 1962 . September 5th 1962 is the date when Dr. Sarvepalli Radhakrishnan was born. He was a philosopher, scholar, teacher, and politician and his dedicated work towards education made his birthday an important day in the history of India. We remember the great work of this exemplary person on this day.

In India teachers' day is celebrated to honour educators and recognise their significant contributions in empowering and educating society.

Role of Teachers in our Society:

Teachers are arguably the most important members of our society. They give children purpose, set them up for success as citizens of our world, and inspire in them a drive to do well and succeed in life. The children of today are the leaders of tomorrow, and teachers are that critical point that makes a child ready for their future. Teachers have the ability to shape leaders of the future in the best way for society to build positive and inspired future generations and therefore design society, both on a local and global scale. In reality,



Significance of the Day:

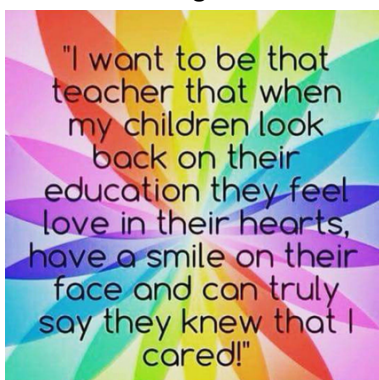
In today's world where the values and cultures are being lost, where the young generation is being driven towards the self-centeredness and lacking values moral and ethical by the influence of social media and the cultural shifts: globalization and exposure to different cultures can undermine traditional ethical standards this Teachers' Day remind the young generation of the value and importance of Teachers in our society. Students celebrate this day with so much enthusiasm and happiness and express their heartfelt gratitude to their teachers in various ways. In schools colleges teaching institutions this day is celebrated with great zest and excitement. Students prepare different programs and activities to show their respect and gratitude to their teachers by gifts and performances.

teachers have the most important job in the world. Those who have an impact on the children of society have the power to change lives. Not just for those children themselves, but for the lives of all.



On this day students promise to their teachers to be thankful throughout their lives.

Teachers are world shapers because they have a positive impact on society in many ways they are: Educators, Role models, Promoters of peace, Guides etc. Teacher's Day is the occasion to honour teachers and express gratitude towards them for their relentless dedication and unwavering efforts.



September 5th 2024 - A Day of Celebration and Gratitude in St. Maria School, Chund.

This year in St. Maria School, Chund, Teachers Day was celebrated with zeal and zest. There was an unusual excitement and enthusiasm in the atmosphere of the school on that day.

The students of grade IX and X took over all the duties and responsibilities of the celebration and paid tribute to the great Teacher, Dr. Sarwapalli Radhakrishnan. There was a cultural program prepared by the students

of various classes which was started by prayer dance and dance performances skits and singing performances by the students.

Towards the end of the celebrations, the Principal, Sr. Hemema appreciated the sincere efforts in playing the catalytic role in shaping the future of the students of the school and she also addressed all the students and praised the great work and efforts put in for the successful program of the teachers' day celebration.

A grand lunch was organised by the school management for all the teachers and staff members.

Thus the entire celebration made all the teachers enjoy and celebrate the journey as a teacher.



Rohit Raj
(Asst. Teacher)
St. Maria School, Chund

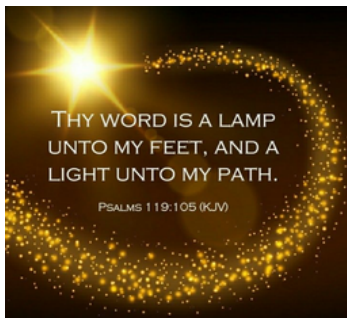


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Formation through WORD of GOD !

"Man does not live by bread alone, but by every word that comes from the mouth of God." [Mt.4:3-4] This is the indication for each one of us that we need to be formed by the Word of God.



Ps 103:105 says: Your word is a lamp to my feet and a light to my path." Word of God enlightens us. Through the Word of God, we are comforted. We attain peace and we also experience healing.

Through the Word of God our conscience is formed. In order to form true and right conscience in our lives, in the light of the Word of God, the four types of conscience can be elaborated as under :

1. Killed and a dead conscience:

Hosea 4:6 says, *"My people are destroyed for lack of knowledge."* There are two types of knowledge; one is worldly knowledge i.e. we attain through education.

Second one is revealed knowledge i.e. Word of God or Knowledge about Jesus Christ.

We have to form our conscience through the power of the Word of God. In Mark 6:14-29, there are four characters namely: Herodias, Herodias daughter, Herod and John the Baptizer. Herodias developed a dead conscience. She nurtured sin in her heart. She lived an immoral life. She did not heed to the voice of God that came through John the Baptist. She killed her conscience. Instead of correcting herself, she wanted to kill John the Baptist. Hence, her conscience was dead. *"And Herodias had a grudge against him, and wanted to kill him."* [Mk 6:19]

2. Evasive Conscience:

Herodias' daughter had evasive conscience. She was not ready to take responsibility. When she danced in the party that pleased Herod and his guests, he said to her, *"Ask me for whatever you wish, and I will give it". And he solemnly swore to her, "whatever you ask me, I will give you, even half of my kingdom."* [Mk 6:22-23] Then the Word of God says *"she went out and said to her mother, "what should I ask for?"*.

Today we find faithful with evasive conscience. They are not rightly formed in their lives. If Priests and Religious develop evasive conscience, their lives also will be in trouble.

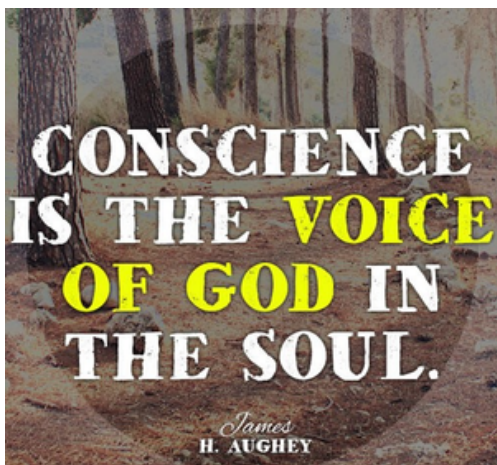


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3. Wavering conscience:

Herod developed a wavering conscience. Herod lived an immoral life. He had married his own brother, Philip's wife, because he married her, John had been telling Herod. "It is



not lawful for you to have your brother's wife". Because of this, Herod arrested John and kept him in the prison.

Sometimes, we are like Herod with wavering conscience. We are not firm in faith. *"If you do not stand firm in faith, you will not stand at all"* [Is 7:9b]. Jesus said: "You cannot serve both God and wealth". [Mt. 6:24]

Conviction of the Word of God and teaching of the Church should go hand in hand. That's what made martyrs and saints to follow Jesus Christ without wavering in their faith.

4. Courageous Conscience:

John the Baptist had courageous conscience. He was willing to speak for what he believed to be true.

Are we willing to take a stand?

Are we willing to be the people after the heart of Jesus?

We have convictions as Christians because of the Grace of God.

Conclusion:

As we have reflected through the article, how we need to form ourselves, our conscience in the light of the Word and i.e. the voice of God. As it is said, *Today, if you hear his voice, do not harden your hearts as in the rebellion*" [Heb 3:15]. Psalmist also reminds us; *do not harden your hearts, as at Meribah, as on the day at Massah in the wilderness*" [Ps 95:8]. Let us come back to the Lord Jesus and lead a new life. Let us be cleansed by his word and be witnesses of his love to the humanity. Let his light shine upon us always.

....Excerpts from Catholic Magazine



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How good it is when brothers & sisters live together in unity.(Psalm 133:1)

The long waited batch gathering of we, Srs. Mini Vadakumcherry, Mini Pallipadan, Siji Madappillykadu and Shiny Pallipadan were fulfilled as we met together in Delhi on 16th August.

We could spend our time in prayer at the Cathedral. We visited St. Michael School of the Delhi Diocese. We were given a cordial welcome by the Principal, Rev. Fr.Jas. We were privileged to attend the Holy Eucharist offered by Fr. Jas and thereafter we had a sumptuous meal arranged by Father himself.



We visited Rashtrapati Bhavan and India Gate.

The next day we travelled to Kashmir by flight. It was a thrilling experience as Kashmir is known for its beauty, and in fact, it is called as Switzerland. We were really fascinated by the beauty of the nature . It was Summer season. The day we reached it was raining. We could admire the beauty of apples, pears, walnut gardens and pine trees.

We took a horse ride for sight seeing through the thick pine trees. We were privileged to go for boat riding in one of the famous lakes in India.

We also visited Kashmir valley, botanical garden, Mughal garden where we could relax and share our experiences. We were privileged to visit a Church there.

The next day we travelled to Chandigarh. A beautiful city known as city of plants. We visited our sisters in the community. We were privileged to visit a beautiful church constructed by a lay man and handed over to the diocese. Thereafter we visited a sea shore and in the evening we visited a big mall. In the night we had a delicious dinner prepared by our sisters in Chandigarh community.



It was a wonderful time for us to share our life both joyful and difficult moments. We could keep apart all our tensions and worries and relaxed. Our group was very good and we were able to adjust with each other and we had lots of fun and laughter. This gathering re-energized us to be back to our community and ministry with lots of dedication and commitment.

We are grateful to the Regional team for providing us with this wonderful opportunity..



Sr. Shiny Pallipadan, asc



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BATCH GATHERING 2024

The Batch Gathering of Srs. Sr. Gracy Vadakkinedath, Sr. Laly Thengumpallil, and Sr. Moly Pullan took place from 3rd September 2024 to 6th September in the capital city of Kerala at Thiruvananthapuram. These four days of being together was an unforgettable days in our life after a long period of gap we the batch mates spent time together to share, laugh, and enjoy, forgetting our daily routine works in the ministry.



Our Journey started from Angamaly to Thiruvananthapuram from 3rd September by train. As we had accommodation in Thiruvananthapuram MSJ Father's house, we never missed Holy mass. We started our days with Holy mass and prayer. We could experience the powerful presence, protection and guidance of God in each days of our life journey.

Nature" a most beautiful gift given by God to us all. A walk in nature walks the soul back home. Our batch has decided to go to the creation of God for our reflection and enjoy the presence of God in the Nature. "Nature regulates the climate, cleans the water and pollinates the plants. Nature gives humans cultural enrichment, including recreation and peace. We experienced through nature God speaks to us every hour if we only tune in.



We have visited Kovalam, Vishinjam sea port, ponmudi hill station, waterfalls. At Kanyakumari St. Devasahayam Pillai tomb, boating, Vettukad Church etc. It was a spiritual & contemplative journey.

Ponmudi hill station is an adventure site. Ponmudi offers breathtaking views of the western Ghats., tea plantations. We could simply relax and soak in the picturesque surroundings. To reach the Top station and experience the incredible view of the golden hills, we must meander through 23 hairpin bends. It was amazing!!!

St. Devasahayam Pillai:

First Indian Layman to be declared a saint by Vatican. He was born a Hindu in Kanyakumari district of TamilNadu and converted to Christianity in the 18th century. He was threatened, beaten, mistreated, imprisoned and tortured uninterruptedly for 3 years. But he remained firm in His faith. For his faith in Jesus Christ he was shot dead in the forest. On 15th May 2022 he was canonized! Visit to the place of this saint was a very good experience for all of us. We admire his faith in Jesus Christ. We spend time here to pray for the Asc Family and all our intentions.

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We are grateful to God and to Rev. Sr. Mini Vadakumcherry our provincial and her respected councilors for providing this opportunity for our batch gathering. We are very grateful to your kind thoughts. Thanks for spending the necessities and supporting us with your prayers. Thanks to our loving sisters in our local communities for your love and concern and adjustments.



Thanks to all those who helped us. In gratitude-Srs. Moly Pullan, Sr. Gracy Vadakkinedath, and Sr. LalyThengumpallil.

THANK YOU !! !

Reunion Wisdom

*A trip to nostalgia
now and then is
good for the spirit.*

Don Bartolovic

Inspirational Quotes...

|| Gathering moments
happy and sound
remembering
We are One
under the rainbow
of Love ||



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HUMAN DIGNITY :

THE FOUNDATION OF OUR COMMUNITIES

The teachings of Pope Francis on human dignity provides a profound foundation for how we ought to treat one another in our religious communities. He reminds us, **“Human dignity is the same for all human beings. When I trample on the dignity of another, I am trampling on my own.”** This statement challenges us to reflect deeply on our interactions within our communities, asking whether our words and actions uplift or diminish the dignity of our brothers and sisters. Francis further emphasizes, **“Things have a price and can be for sale, but people have a dignity that is priceless.”**

Do we value people based on their accomplishments, status, or usefulness to us, rather than seeing them as inherently worthy of respect simply because they are human beings? Pope John Paul II also spoke powerfully about this topic, stating, **“Human persons are willed by God; they are imprinted with God’s image. Their dignity does not come from the work they do, but from the persons they are.”** Every person regardless of their role or achievements, deserves to be treated with the utmost

respect. As religious, we are called to embody this principle, recognizing the divine image in each person we encounter.

Challenges: Where is Human Dignity?

Despite positive experiences, deeply troubling stories from priests and sisters reveal that human dignity is not always upheld within their communities. One sister confided, “My community Superior loves our dog more than the community members. If there is a next life, I would like to be a dog in one of these convents.” This shocking statement highlights the extent to which some members feel devalued and neglected.

Groupism is rampant, and Provincials are elected based on language groups. Such divisions, rooted in superficial criteria, undermine community unity and leave some members feeling marginalized. Language and caste also create divisions, as a Priest noted, “In our diocese, casteism divides us and creates groupism based on it.”

Jealousy is another challenge eroding human dignity. One sister tearfully asked, “Is it a crime to be talented?” Her God-given gifts have made her a target of resentment, harming the sense of community.



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Privacy and respect for personal boundaries, are also critical issues. A newly professed sister expressed how her Superior violated her privacy by allowing visitors to use her room without informing her.

Practical steps: Building Communities of Respect and Dignity:

If we are to build sustainable and just communities, we must begin by recognizing and respecting each other's dignity. Here are some practical steps we can take to foster a culture of respect and dignity within our communities:

1. Foster Open Dialogue:

Encourage open and honest conversations within communities where every member feels heard and valued. For example, one community could implement a weekly "community circle" where members gather to share their thoughts and feelings in a safe and respectful environment. This can help address misunderstandings and prevent divisions based on language, caste, or personal biases. In another example, a congregation might hold periodic "listening sessions" where members are invited to voice their concerns

and ideas without fear of judgment or retribution.

2. Celebrate Achievements:

Just as we celebrate the achievements of our biological families, we should also celebrate the successes of sisters and brothers in our religious communities. For instance, a community could create a "wall of achievements" where members can post news of their accomplishments – whether academic, spiritual, or personal – for the entire community to see. This public recognition fosters a sense of pride and mutual respect.





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3. Respect Privacy and Boundaries:

Every member of the community has the right to privacy and personal space. Respecting these boundaries is crucial for maintaining trust and dignity within the community. One way to ensure this is by establishing clear guidelines around the use of personal spaces, such as bedrooms and offices, and communicating these guidelines to all members.

4. Avoid Defamation:

Defamation and gossip have no place in religious communities. Instead of speaking ill of others, we should strive to build each other up and protect each other's reputation. A practical step could be to introduce a "no gossip" pledge, where community members commit to refraining from negative talk about others and instead focus on positive and constructive communication.

5. Recognize the Divine in Each Person:

Pope John Paul II remind us that every person is imprinted with God's image. By recognizing the Divine in each other, we can create a community where everyone feels valued and respected. Regular communal prayers or reflections on human dignity, as well as

retreats focused on the teachings of Pope Francis and Pope John Paul II, can foster this recognition. Respecting individuality and involving every member in decision-making promotes harmony and attracts more vocations. When every member feels valued, the community becomes a place of growth, peace and joy – a true reflection of the Kingdom of God on earth.

Let us strive together for sustainable and just communities, congregations, dioceses, and world. By upholding the principles of human dignity in all our interactions, we can create environments around us where every person is treated with respect and love – where every member is indeed priceless.





Honouring the Legacy of St. Maria De Mattias is Celebration as Community Day at Aradhana Convent, Tarikere:

On the solemn occasion of the death anniversary of our mother foundress, St. Maria De Mattias, Aradhana Convent in Tarikere celebrated Community Day with profound heartfelt reverence and joy. The day was marked by a series of special events, bringing together the community in a spirit of unity and gratitude. This day holds a special significance as it allows us to pay tribute to the enduring legacy of a woman who dedicated for the service of the poor the women and the children. What does our mother foundress says? "I will go to the ends of the earth to save my neighbour." - St. Maria De Mattias.



This special occasion was marked by a series of meaningful events that brought the community together in gratitude and remembrance.

The celebration began with a special prayer service, where the sisters of community gathered to honour the legacy of St. Maria De Mattias. Her words, "The love of God is creative and can accomplish anything," set the tone for the day, reminding everyone of us the boundless possibilities that faith and love can bring into our lives. How do we accomplish the creative love of God? Yes, The prayer service was a moment of collective introspection, as we reflected on her life, her dedication to God's mission, and her tireless efforts to uplift those around us. The prayers were accompanied by hymns that uplifted the soul and reinforced our dedication to follow her footsteps.

Following the prayer service, a cake-cutting ceremony took place, symbolizing the joy and unity within our community. The cake was a special tribute to St. Maria De Mattias as she entered into heaven beautifully adorned with flowers, serving



as a reminder of her enduring presence among us. The day was spend with a time of recreation, where the sisters engaged in joyful activities, sharing laughter and fellowship. This time of recreation was not just a moment of relaxation but also a celebration of the vibrant community life that St. Maria De Mattias envisioned for our ASC's. As we continue our journey, we are inspired by her example to live lives of love, service, and faith, ever mindful of our mission to reach out to those in need.



This community day celebration was a time of shared happiness, as we came together to celebrate the bond that unites us in our common mission. The day concluded with a celebration of the vibrant community life together with the needy that St. Maria De Mattias envisioned. It was a reminder that joy and togetherness are integral parts of our spiritual journey too. As we reflected on the day's events, the words of St. Maria De Mattias echoed in our hearts: "The love of God is creative and can accomplish anything." This truth continues to inspire and guide us as we carry forward her mission, living out her legacy of love, service, and unwavering faith in our daily lives. Can we be faithful in our commitment?



Dr. Sr. Moksha Rakini, asc



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HEARTIEST CONGRATULATIONS !!

GROUP 1

1ST PRIZE : 231504 SR CHITRA PULICKAKUNNEL : 327

2ND PRIZE : 231501 SR AROKIAMMAL : 325

3RD PRIZE : 231521 SR REGINA MARY : 307

GROUP 2

1ST PRIZE : 231504 233015 SR MARY STELLA YESTHAKI: 322

2ND PRIZE : 233021 SR ROTION MANGARAYIL : 261

3RD PRIZE : 233022 SR SHINY CHIRAPARAMBIL : 254

GROUP 3

1ST PRIZE : 233101 SR BEENA THOOMBALAN: 337

2ND PRIZE : 233123 SR SALOMIE VAZHAYIL : 256

3RD PRIZE : 233022 SR LIALA AKKANATH : 247



ध्वनि



ARADHANNA

November



1st - Sr. Rosamma Vithayathil



11th - Sr. Sherly Koorkamattam



13th - Sr. Mariamma Kunnackal



1st - Sr. Arockiammal



11th - Sr. Catherine Yesthaki



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December



7th Dec -Sr. Bincy Marotikudy



10th Dec - Sr. Marykutty Kanattu



11th Dec -Sr. Viji Parekkadan



14th Dec -Sr. Mini Vadakumcherry



26th Dec -Sr. Valsa Mammoottil



23rd Dec -Sr. Mary Priya Marisusai





ध्वनि



28th - Sr. Shiny Karippot



4th - Sr. Siji Madappallikadu



27th - Sr. Mary Vadakumcherry



20th - Sr. Shiny Pallipadan



24th - Sr. Moly Parayil



23rd - Sr. Moksha Rakini



22nd - Sr. Silvia Guthala



21st - Sr. Laly Thengumpallil

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2nd - Sr.Fathima Madduru



16th - Sr.Bridget Pulickakunnel



20th - Sr.Kochuthresia Akkunnath



16th Feb - Sr..Vinnarasi. J



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November



01.11.1988
*Mr. Paulose, Father of
Sr. Rosamma Vithayathil*



02.11.
*Mr. George, Father of
Sr. Viji Parekadan*



04.11.2008
*Mr. Joseph, Father of
Sr. Sherly Noorkamattam*



06.11.2005
*Mr. Joseph, Father of
Sr. Beena Thoombalan*



15.11.1987
*Mr. V.V. Ouseph, Father of
Sr. Mini Vadakumcherry*



21.11.2009
*Mr. Susai, Father of
Sr. Lourdu Mary Susai*



22.11
*Mr. Sebastain
Father of Sr. Chithra Pulickakunnel*



17.11.2017
*Mrs. Francis Mary
Mother of
Sr. Jancy Rani*





ध्वनि



ARADHANA

December

4/12/1986

Mr. Devasia
Father of Sr. Jiji
Parayaruthadathil



4/12/2009

Mrs. Mary
Mother of Sr. Gracy Vadakinedath



8/12/2010

Mrs. Anthonyammal,
Mother of Sr. Prockiammal



23/12/2007

Mr. Kungilona
Father of Sr. Gracy Vadakinedath



31/12/1999

Mr. Joseph,
Father of Sr. Joji
Chirakandathil

30/12/1981
Mr. Joseph,
Father of Sr. Elsy
Kariattil



26/12/2015

Mr. M.C. Chacko,
Father of
Sr. Shiny Mangarayil



26/12/1989

Mr. K.M. Joseph
Father of Sr. Marykutty
Kanattu

23/12/2000
Mr. Prockiasamy
Father of Sr. Jancy Rani

16/12/1996
Mr. Alexander
Father of Sr. Mariamma
Kunnackal

8/12/1987
Mr. Thomman
Father of Sr. Kochuthresia
Akkunmath





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January



06/01/2023
Mr. Joseph
Father of Sr. Mini
Vadakumpadan



09/01/2004
Mrs. Kochu Mariam
Mother of Sr. Jaisy
Karukuttikaran



18/01/2020
Mr. Paily,
Father of Sr. Jancy
Pallicka

20/01/1975
Mr. Thomas
Father of Sr. Laly
Thengumpallil



ध्वनि



February



03/02/2022
Mrs. Annamkuty, Mother
of Sr. Elsy Kariattil



09/02/2022
Mrs. Mariamma, Mother
of Sr. Viji Parekadan



10/02/2020
Mrs. Annamma, Mother of
Sr. Marykutty Kanattu



28/02/1994
Mrs. Rosamma, Mother of Sr.
Siji Madapallikadu



22/02/2023
Mr. Savarimuthu
Father of
Sr. Lourdu Mary
Savarimuthu

24/02/1983
Mrs. Mariam
Mother of Sr. Kochuthresia
Akkunnath

26/02/2005
Mr. Vareeth
Father of Sr. Moly
Pullan

16/02/1976
Mr. Ulahannan
Father of Sr. Elsy
Velayappallil

16/02
Mr. Scaria
Father of Sr. Mercy
Thadathimackal

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CHRISTMAS MESSAGE

The unutterable love of God has gathered us today so that *in the unity of the Spirit in the bond of peace* (Eph 4:3) we may celebrate one of the most solemn and at the same time mysterious feasts of the Church – the Nativity of our Lord Jesus Christ. Glorifying our Saviour's coming into the world.

Looking back at that moment two thousand years ago, we every time strive to fathom the great miracle of the Divine Incarnation, and our Creator's loving-kindness and mercy never fails to amaze us. For many centuries, humanity had been living in tense expectation, awaiting *the Peacemaker* (cf. Gen 49:10) promised by the Lord, which is to say *a King... just and having salvation* (Zech 9:9), in whose name nations will hope (Is 42:4).



Thus, in the fullness of time unto us a Child was born (Is 9:6) that whoever believes in Him shall not perish but have everlasting life (Jn 3:16). The love of God which passes knowledge (Eph 3:19) sent into the world not an ambassador or an angel, or the strong and mighty ruler

the people had been expecting, but God Himself Who took flesh in order to deliver humankind from the bondage of sin and evil.

Our lives, country and world are far from perfect. There are always challenges and struggles we face both personally and collectively. The good news of Christmas is that even when the world or our circumstances change – the message of Christmas is timeless. Because Christmas is about the birth of God's Son – Jesus. It is about how he came to give us love, hope and joy. That message doesn't change from year to year. When there is so much bad news and devastation in the world, this is good news worth celebrating!

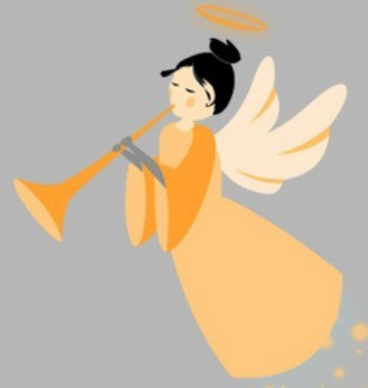
His birth and life is a message of good news for us because it means we are never alone. It doesn't matter how hard or hopeless our situation may appear to be, God is there for us. We don't have to journey through our challenges and struggles alone. He understands them. He walks them alongside us. God's love is for everyone. You are not alone. You are loved, and you can feel hopeful and joyful. That is the true meaning of Christmas.



Sr. Jyoti Vorugonda, asc



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Merry Christmas
And
Happy New Year!