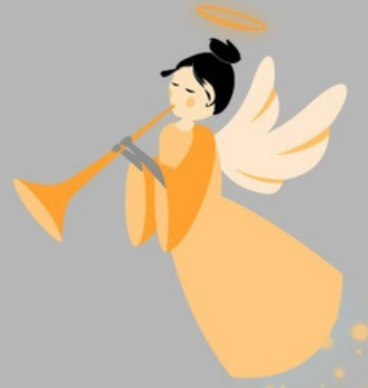




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ISSUE - JULY-OCTOBER 2024





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Editor's Desk

Dear Friends,

Live the Year of Prayer in Preparation for Jubilee 2025!

Pope Francis has called for 2024 to be honored as a **"Year of Prayer."** What does this mean?

The special character of this year is based on the year following, 2025, which is a jubilee year for the Church. The custom of the jubilee year has its origins in Mosaic Israel, in which every fiftieth year was a "Jubilee": slaves were freed and debts forgiven; it was a time to "proclaim liberty throughout the land to all its inhabitants" (Leviticus 25:10).



In the Catholic Church, a jubilee year, ordinarily every twenty-five years, is a time of special grace: It is a year of forgiveness of sins and also the punishment due to sin, it is a year of reconciliation between adversaries, of conversion and receiving the Sacrament of Reconciliation, and consequently of solidarity, hope, justice, commitment to serve God with joy and in peace with our brothers and sisters. A Jubilee year is above all the year of Christ, who brings life and grace to humanity.

As we move closer to the Jubilee of 2025, Pope Francis wants 2024 to be dedicated to prayer. Thus, he is inviting the whole Church to a time of intense commitment in preparation for the Opening of the Holy Door.

As Christians, we are invited to bear witness as authentic "Pilgrims of Hope" walking toward the Lord, who opens his merciful and forgiving arms to us, as well as to our brothers and sisters who are still waiting for the Gospel to be proclaimed to them.

A year dedicated to rediscovering the great value and absolute need for prayer in personal life, in the life of the Church, and in the world.



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Thus, for every Christian, may prayer be the compass that guides, the light that illuminates the path and the strength that sustains us on the pilgrimage that will lead. Through prayer, may we arrive with our hearts ready to welcome the gifts of grace and forgiveness that the Jubilee offers as a vivid expression of our relationship with God. Let us immerse ourselves through prayer in an ongoing dialogue with the Creator, discovering the joy of silence, the peace of abandonment and the power of intercession in the communion of saints.



Prayer thus becomes the bridge between heaven and earth, a meeting place where the heart of man and the heart of God intertwine in an unceasing dialogue of love.

Let us renew our desire to be in the presence of the Lord, to listen to him and to adore him, thus making prayer the “royal road to holiness, which enables us to be contemplative even in the midst of activity”.

This is not a Year marked with particular initiatives; rather, it's a privileged time in which to rediscover the value of prayer, the need for daily prayer in the Christian life; a time to discover how to pray, and above all how to educate the people of today in prayer, in this age of digital culture, so that prayer can be effective and fruitful.

Prayer, moreover, is to thank God for the many gifts of his love for us and to praise his work in creation, which summons everyone to respect it and to take concrete and responsible steps to protect it. Prayer as the expression of a single “heart and soul” (cf. Acts 4:32), which then translates into solidarity and the sharing of our daily bread. Prayer that makes it possible for every man and woman in this world to turn to the one God and to reveal to him what lies hidden in the depths of their heart. Prayer as the “royal road to holiness”, enables us to be contemplative even in the midst of activity. In a word, may it be an intense year of prayer in which hearts are opened to receive the outpouring of God's grace.



Sr. Jyoti Vorugonda, asc



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Witnessing Community Living for effective Mission

INTRODUCTION:

The evolution of consciousness and individual freedom is an accepted concept among psychologists. However, now this concept is at stake with its tendencies of self-glorification and self-gratification. As days go by, the selfish self has become more and more selfish to the extent that one becomes exclusively concerned about one's own convenience, comforts, and one's own name and fame which is "the idolatry of the self"; one of the greatest challenges we need to address in our present times. Therefore, the challenge before us is to free oneself from egoism. The most effective means of evangelization would be the witness of community; a movement from "I" to "We". As Pope Francis observes, one can notice in many agents of evangelization, even if they pray, a heightened individualism, a crisis of identity and a cooling fervour. Pope Francis envisaged the community living in consecrated life has the potential to heal this wounded world of egoism.

Community living is about having the same rights and choices as everyone else.

FORMATION FOR COMMUNITY:

The community is the natural locus where the young formee is planted, grows and matures for communion in mission. A formative community is a rich reservoir of lived formation and should have a sense of participation in the formation of the young. The community should feel responsible for it or else it becomes the exclusive business of the formators. Formation within and by the formative community also schools the formees to develop a sense of understanding, tolerance and adaptability. It is reciprocal where all, irrespective of age, learn from each other. It encourages a climate of openness, respect and mutuality, initiates team-work and fosters harmony in difference.

A great challenge in religious life has been, and will be, common life, because without a good fraternal life in our religious communities every project of formation is a failure, because one cannot speak only about communities that provide formation. One should speak about Provinces that provide formation, seeing common life as a schola amoris, (school of love) because in communities that provide formation it is useless to have moments of prayer, retreats and encounters if this is not experienced as a value and a lifestyle by all the religious.



In his Apostolic Exhortation *Christus Vivit*, Pope Francis invites us to create a home, forming 'bonds by simple, everyday acts that all of us can perform. A home, as we all know, demands that everyone work together. No one can be indifferent or stand apart, since each is a stone needed to build the home'. In this context, we consecrated women are called to form human communities as places of welcome—real homes.



CREATE FRATERNITY AND AWAKEN HOPE:

Formation for mission was the leading caption in our formative strategies in the past. But in our changed context the fundamental element is not formation for mission but formation in community. This Task should start from initial formation. Today's youth are more vulnerable as they are from nuclear families. The first lesson that they need to learn is to live in the community. Therefore, along with intellectual, human, spiritual and pastoral formation community formation must be the fundamental element in the formation.

Members have the task of creating, inspiring, enlivening and sustaining everywhere authentic fraternal communities that radiate friendship, incentive, support and reconciliation. Consecrated life must strengthen community life, to which new generations are very sensitive. It must accommodate the cultural and spiritual diversity of its members, knowing that living community is already mission. To grow toward witnessing community we should progress from a life in common to a community of life rich in personal relationships, welcome, dialogue, discernment, responsible freedom and mutual concern. Our communities would live in a healthier and airy manner if we opened up our doors and windows to the world; listening with our hearts to how much people suffer and struggle.

CONCLUSION:

Community is for mission. It should be an inspiration and support for the life and mission of the members. The Community is the place where we release our tensions and are energized for our mission. But today community life itself has become a tension. In religious communities, there is often only a business-oriented, I mean, merely functional, relationship. There is rarely a deep, sincere, trusting and intimate relationship among the members but only an apparent cordiality. Over-involvement in work make the members to avoid sharing in community responsibilities and being accountable to others in the community. We keep ourselves simply busy.



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With such obsessions, there is no time in our life for relationships. Jesus, with His passion for Mission, was human, had time to meet friends and participate in meals, relaxed and found time for prayer. Therefore, formation for community should be made an integral part of initial and ongoing formation. Wherever our members stay, communitarian living should be made the basic structure and prerequisite for mission.



Sr. Marykutty Kanattu, asc

QUOTES ON "COMMUNITY"

RELIGION CREATES COMMUNITY, COMMUNITY CREATES ALTRUISM AND ALTRUISM TURNS US AWAY FROM SELF AND TOWARDS THE COMMON GOOD... THERE IS SOMETHING ABOUT THE TENOR OF RELATIONSHIPS WITHIN A RELIGIOUS COMMUNITY THAT MAKES IT THE BEST TUTORIAL IN CITIZENSHIP AND GOOD NEIGHBORLINESS.

... JONATHAN SACKS

THE CHURCH IS NOT A RELIGIOUS COMMUNITY OF WORSHIPPERS OF CHRIST BUT IS CHRIST HIMSELF WHO HAS TAKEN FORM AMONG PEOPLE.

..... DIETRICH BONHOEFFER

I WILL SAY THAT THE POWER OF BEING A STRANGER IN SOMEONE ELSE'S RELIGIOUS COMMUNITY HAS ITS OWN LESSONS, REALLY. IT IS SOMETHING LIKE THE POWER OF VISITING ANOTHER VERY HAPPY EXTENDED FAMILY AND BEING AT THEIR TABLE.

.....DIANA L. ECK



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Vatican announces theme for World Day for Grandparents and the Elderly

The Catholic Church celebrates the World Day for Grandparents and the Elderly each year on the Sunday closest to the feast of Sts. Joachim and Anne, Jesus' grandparents. This year it falls on July 28.



that, sadly, loneliness is the bitter lot in life of many elderly persons, so often the victims of the throwaway culture."

Pope Francis celebrated the first World Day for Grandparents and the Elderly in 2021 and decreed that it be observed each year on the Sunday closest to the feast of Sts. Joachim and Anne, Jesus' grandparents.

As the Catholic Church prepares for the Holy Year 2025, Pope Francis has asked Catholics to focus on prayer, which is why he chose the prayer of an elderly person from the Psalms for the theme.

Pope Francis has chosen a line from Psalm 71 -- "Do not cast me off in my old age" as the theme for the 2024 celebration of the World Day for Grandparents and the Elderly. The choice was **"meant to call attention to the fact**

Our communities, with their tenderness and affectionate attention that does not forget its most fragile members, are called to manifest the love of God, who never And it is not something we need to do while sitting on the floor in the middle of the night with our head bowed down to our navels (though you certainly can do that). Instead it is something that is at all

times readily available to us. We don't even need a prayer rope -- though holding some-thing physical helps to focus the mind. We merely need attention and desire. While washing the dishes, while driving

in the car, while cleaning the house, knitting, mowing the lawn, shoveling, walking, eating, at any time in any place we can call our attention to the holy name of Christ and ask for His help, forgiveness, enlightenment, and peace. To sum it all up, we can ask for His mercy. And by the grace of God someday we may, like King Solomon, sleep; but our heart will be awake (Song of Songs 5:2); namely, our heart will pray even while our mind is occupied with something else.

"Do not cast me off in my old age.." Ps.71



Sr.Jyoti Vorugonda, asc



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Theme for the World Day of Prayer for the Care of Creation 2024

The theme of Pope Francis' Message for the World Day of Prayer 2024, for the Care of Creation is: **"Hope and act with Creation."**



The World Day of Prayer for the Care of Creation is celebrated every September 1 and marks the beginning of the Time of Creation, which concludes on October 4, the feast of St. Francis of Assisi.

The theme: "Hope and act with Creation" is inspired by St. Paul's Letter to the Romans (Rom.8:19-25), in which the apostle acknowledges that the whole creation groans and suffers; but reminds us that because "in hope we have been saved", we wait "steadfastly."

"The annual World Day of Prayer for the Care of Creation offers to individual believers and to the community a precious opportunity to renew our personal participation in this vocation as custodians of creation, raising to God our thanks for the marvellous works that He has entrusted to our care, invoking his help for the protection of creation and his mercy for the sins committed against the world in which we live." — Pope Francis

Creation is harmed "where we ourselves have the final word, where everything is simply our property and we use it for ourselves alone. The misuse of creation begins when we no longer recognize any higher instance than ourselves, when we see nothing else but ourselves.

Pope Francis has asked all people, especially Catholics and the Orthodox with whom we share so much in common, to respond to the crises we face, precisely as people of faith. For that reason, he has invited us to enter into this World Day of Prayer for the Care of Creation "to reaffirm their/our personal vocation to be stewards of creation." Authentic, true prayer deepens



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Theme for the World Day of Prayer for the Care of Creation 2024

our faith. Authentic, true conviction leads to action. Today is a day for us to examine our consciences, to decide what action we must take here and now, not when it's too late.



If we kneel in prayer before the God of creation and fail to rise as its stewards and his servants our efforts, our “cries” will neither reach heaven nor renew the face of the earth and generations to come will never see or enjoy what today’s psalm calls “the good things of the Lord in the land of the living.” We cannot let that happen. Creation is God’s work, God’s gift. Care for creation is our work and our gift back to God.

A Prayer for the Care of Creation

**O God of the poor,
help us to rescue the abandoned and
forgotten of this earth,
who are so precious in your eyes.
God of love, show us our place in
this world as channels of your love
for all the creatures of this earth.
God of mercy, may we receive
your forgiveness and convey your
mercy throughout our common home.
Praise be to you! Amen.**



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A PRAYER FOR WORLD TEACHER'S DAY

**Giver of all wisdom and greatest of all teachers
Look upon our teachers with love.
Grant them the resolve to nurture our eager minds
and to never give up on us who fall behind.
Bless their hearts for they rejoice when we succeed
and encourage us when we fail,
And bless them with gentle patience
for the path of learning is never easy.
Kindle a spirit and passion in them,
it is the flame that ignites the love of learning in us.
Help them see the potential in each student,
Their belief in us means much more than the grade we make.
Instill in them a commitment to keep on learning,
it shows us to not fear new knowledge and experiences.**

**Inspire them to touch the future,
they influence how big a dream we dream for ourselves.**

**Bless our teachers who have come before,
for their work endures to this day.**

Let the light of your example shine upon all teachers :

- **To build up with their words**
- **To love with their mind**
- **To share with their heart**

WORLD TEACHERS' DAY : QUOTES

Teaching is a calling too. And I've always thought that teachers in their way are holy-angels leading their flocks out of the darkness.

[Jeannette Walls].

Your heart is slightly larger than the average human heart, but that's because you're a teacher.

[Aaron Bacall].





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THE INTENSE PREPARATION FOR THE PERPETUAL PROFESSION: UNIQUE AND ENRICHING EXPERIENCE

We hope and seek to infuse the light of the day with innovative, insightful and inspiring means. Imploring mercy and exploring grace are not only timely and relevant, but are also very much in line with the teachings of Pope Francis; and indeed this was my experience at Sanyasa.

I, along with my Sister companions, entered Sanyasa, the Institute for Consecrated Life, Bangalore, on 2 January 2024. Sanyasa is proud of its eco-friendly, serene and prayerful environment and deeply committed to the vision of the renewal of consecrated persons by helping them to deepen the understanding of their call to holiness and commitment to the service of the Church. The Institute offers consecrated men and women motivating, eventful and illuminating experiences, and hence, is highly appreciated. Professors are simple, friendly as well as erudite. Spiritual life in the Institute is really enriching. The Institute has a beautiful ambience with contiguous greenery and flowers.

It was really a unique and rich experience. The three months that I spent in prayer and reflection passed swiftly. The total number of participants were 23, and among them 19 were Sisters and 4 Brothers belonging to the Congregation of the Sacred Heart. All the participants were docile and passionate through this intense preparation for the final vows.

Fr. Paulson initiated the three-month long program invoking God's grace on the students and staff. He led a special prayer service with the invitation to enter into the forge experience. The forge experience was the dream of St. Antony Mary Claret, the founder of the Claretians. Each participant was handed a small piece of iron and asked, in a symbolical gesture, to place it on the forge. The hammering of the iron piece in the forge symbolized that we all needed to go through the painful and necessary process of formation and transformation.

The four stages of the forge program identified with key phrases: (1) Ouid prodest [where I am] (2) Patris Mei (father experience) (3) Caritas Christi (Love of Christ) (4) Spiritus Domini (Spirit of the Lord upon me where I move to peripheries in mission filled by the spirit) helped us to be deeply motivated to make our perpetual profession meaningfully. After going through the process of hammering, we are sent into the world as the arrow, ready to spread God's love and mercy. Conversely, if the iron piece is immersed into the water, it will become hard; and if it is dipped into the oil, it will turn flexible. However, if the same iron piece is thrown into the fire and goes through the process of hammering, it will transform into a beautiful instrument. Thus, the training and experience at Sanyasa empowered us to make use of all the available means so that we become effective persons for the service of Christ and his Church. At the end of our course



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we had beautiful prayer service; our iron pieces that we placed into the forge were taken out and we found ourselves to be beautiful sharpened arrows.

The schedule included per week two subjects related to our spiritual life and internal growth. The professors elaborately explained to us the matter and lots of time for interiorization was given. I also had the privilege to meet the guide for sessions on growth in vocation, which impelled me to move forward in my religious vocation with determination and courage. The intensive program included reflection on our being called to be a son/daughter of the heavenly Father. This helped us to become aware of our calling, worth and also weaknesses. Subsequently, we deliberated upon the notion of being configured to Christ, wherein we delved deeper into the mysteries of the Eucharist and the significance of evangelical counsels in today's context. All the while, the professors guided and accompanied us through lectures and workshops and prepared us for the next level of training, i.e., to motivate us to be Spirit-formed Religious in light of our Charism. Finally, the week-long retreat helped us to gather the fruits of this intensive program and prepare us to be Spirit-filled evangelizers.

Besides, we were divided into groups for activities, like discussion, gardening, cultural activities, household tasks and games. All these brought much joy and relaxation, and eventually, enabled us to have holistic experiences. Apart from the regular classes, we were also given the opportunity to visit the nearby old age home run by Sisters belonging to the Congregation of Divine Providence and Treda Counselling Centre managed by the OCD Fathers. This experience really rejuvenated our spirits and vision and also broadened our horizon to respond to realities according to the signs of the time.

In addition to the above, I also had the opportunity to attend the national seminar on the topic, "Reclaiming the Prophetic Voice in the VUCA World." The seminar helped me to understand the world realities and to discern the right ways to respond to these realities. The event was graced by renowned speakers, who delivered thought-provoking and motivating messages. Fr. Cedric Prakash SJ gave an inspiring speech and exhorted us to wakeup in order to be responsible followers of Christ.

The three-month intense preparation for our perpetual profession concluded with the symbolic prayer service held on 22 March 2024. The prayer service edified us to recall God's goodness during the program and thank him for his companionship throughout the various activities and for the rich experience of communion and participation. We shall continue to cherish the sweet memories of Sanyasa. We are very much grateful to Sr. Mini, our Provincial Superior; Sr. Jaisy, the Formator and who arranged this program; Sr. Shiny and the Sisters of the community, who supported us through their prayers and sacrifice.



Sr. Wilma Shalini Crasta, asc
Ranchi



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JULY



2nd - Sr. Elsie Kariyattil



1st - Sr. Elsy Velayappali



26th - Sr. Jiya Elappunkal



25th - Sr. Padma Vaddeswarapu



3rd - Sr. Sheela Mary



18th - Sr. Lourdu Mary Savarimuttu



8th - Sr. Kanthamani Abburi



8th - Sr. Shiny Kayyaniyil



10th - Sr. Jaisy Karukuttikaran

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AUGUST



7th - Sr. Lourdu Mary Susai



15th - Sr. Manjusha Pulickal



13th - Sr. Moly Pullan



19th - Sr. Jessica D'Souza



14th - Sr. Jyothi Nallamothu



29th - Sr. Jancy Pallicka



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1st -- Sr. Lila Akkanath



8th - Sr. Chinnammal. A



15th - Sr. Jancy Rani



3rd -- Sr. Mary Malieckal



14th - Sr. Renita Norolma



18th - Sr. Lalitha Varakukalayil



24th - Sr. Gracy Vadakumcherry



29th - Sr. Joji Chirakandathil

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October



1st - Sr. Mariamma Muttel



4th - Sr. Chitra Pulickakunnel



30th - Sr. Jyothi Vorugonda



4th - Sr. Mini Vadakumpadan



15th - Sr. Christina Imasappa



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July



5.07.2017
Mr. Rajarao
Father of
Sr. Jyoti Vorugonda

12.07.1997
Mr. AC Augustine
Father of
Sr. Leena Puthuparambil

15.07.1995
Mrs. Thresia
Mother of
Sr. Rosamma Vithayathil

21.07.2008
Mr. Ishtacky
Father of
Sr. Catherine Ishtaki

27.07.2014
Mr. Thomas
Father of
Sr. Elsy Palatty

28th July
Mrs. Thresyamma
Mother of
Sr. Mercy Thadathimackal

28th July
Mrs. Mary
Mother of
Sr. Salomie Vazhayil

30.07.2013
Mr. Sebastain
Father of
Sr. Lalitha Varakukalayil

12.07.2017
Mr. Anthony
Father of
Sr. Mini Pallipadan

14.07.2022
Mrs. Nallamuthu
Martha
Mother of
Sr. Jyothi Nallamothu

17.07.2000
Mrs. Thresiamma
Mother of
Sr. Elsy Velayappallil



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August

09.08.1997
Mrs. Kochu Mariam
Mother of
Sr. Leena Puthuparambil

In Loving Memory

Of Lost Loved Ones

12.08.2021
Mrs. Annakutty
Mother of
Sr. Laly Thengumpallil

23.08.2011
Mrs. Annamma
Mother of
Sr. Bridget Pulickakunnel

27.08.2004
Mr. Chakkunni
Father of
Sr. Jaisy Karukuttikaran



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September & October



1.09.2006

Mr. Lourdu Swamy
Father of Srs. Moksha & Regina
Mary



4.09.2011

Mr. Mani Jacob
Father of
Father of Sr. Shiny Karippot



6.9.2021

Mrs. Rosa
Mother of
Sr. Rosy Karippai



25.09.1978

Mr. Antony
Father of Sr. Bincy
Marottikudy



11.10.2023

Mrs. Palatty Annamkutti
Mother of
Sr. Elsy Palatty



29.10.2013

Mr. M.V. Joseph
Father of
Sr. Mary Malieckal



14.09.

Mr. Mathew
Father of
Sr. Salomie Vazhayil

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EVENTS



ADORERS OF THE BLOOD OF CHRIST - INDONESIA MISSION
APRIL 23, 2024





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EVENTS

**ADORERS OF THE BLOOD OF CHRIST AT NONGSTOIN
DIOCESE, MEGHALAYA**
June 1, 2024





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EVENTS

2ND BATCH OF ANNUAL RETREAT

May 11 - 17, 2024



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EVENTS



PROVINCIAL ASSEMBLY - May 19-22, 2024



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EVENTS

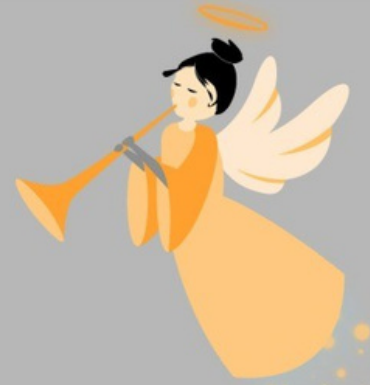
FINAL PROFESSION AND SILVER JUBILEE CELEBRATIONS

May 18, 2024





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**MARY, MOTHER OF GOD,
PRAY FOR YOUR CHILDREN !!**