

ISSUE - MARCH - JUNE 2025

Pope Francis declares 2025 jubilee year:

"join the pilgrims of Hope"





Jubilee 2025

Pilgrims of Hope

Pope Francis kicked off the first Saturday jubilee audience of 2025 by urging pilgrims to embrace hope as a divine strength that enables new beginnings.

"Indeed, the jubilee is a new beginning, the possibility for everyone to start anew from God. With the jubilee we start a new life, a new phase."



Speaking just days after the opening of the Jubilee Year, the Pope emphasized that "kindness is not a diplomatic strategy" nor "a set of rules to ensure social harmony or to obtain other advantages" but rather "a form of love that opens hearts to acceptance and helps us all to become more humble."

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As we face a world filled with challenges — be it conflict, injustice, or adversity — we are challenged to become pilgrims of hope, seeking not just optimism but embracing hope that will sustain our strength and purpose.

In hope, we are indeed saved.



Sr. Jyoti Vorugonda, asc



Why did St. Maria De Mattias preach, and how did she experience it?

Maria preached, because the chalice of her heart was overflowing with God's tender love, and she felt called to share with others what she has received. She felt deeply responsible for so many "poor souls who don't know Jesus Christ, who never hear the healing message that God loves them tenderly. She felt a deep concern for life in all its dimensions - fullness of life! Because Maria's heart was so inflamed by Jesus' love. she was yearning to see Jesus Christ loved by others. To Father Merlini in Albano she writes: "I am filled with such tender love toward my neighbor that I would wish to run far and wide calling all souls to love Jesus."

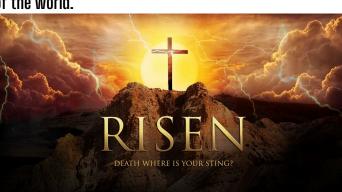
Maria was a woman of prayer! Can I say: I am a woman/a man of prayer?

Maria was using every free moment to be in the chapel with her beloved Jesus. Her soul was longing for this moments of intimacy, where she just opened her inmost being with all the troubles. weaknesses. misunderstandings, contradictions... She was like a chalice, emptying herself and opening her heart for God's unconditional love.



Nobody can understand Maria's life without prayer. How do I cultivate my personal relationship with Jesus? What helps me to come in touch with my inmost being - God's loving presence within me?

Sr. Jyoti Vorugonda, asc



This song is particularly strong in places where the Body of Christ is suffering the Passion. For us Christians, wherever the Cross is, there is hope, always. If there is no hope, we are not Christian. That is why we should not allow ourselves to be robbed of hope. May we not be robbed of hope, because this strength is a grace, a gift

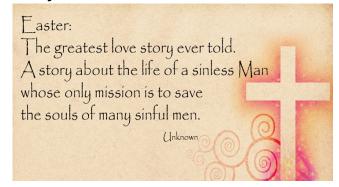
from God which carries us forward with our eyes fixed

This After the appearance of RISEN JESUS to the women, others follow. Jesus makes himself present in a new way, he is the Crucified One but his body is glorified; he did not return to earthly life but returned in a new condition. At first they do not recognize him and it is only through his words and gestures that their eyes are opened. The meeting with the Risen One transforms, it gives faith fresh strength and a steadfast foundation. For us too there are many signs through which the Risen One makes himself known: Sacred Scripture, the Eucharist, the other Sacraments, charity, all those acts of love which bring a ray of the Risen One. Let us permit ourselves to be illuminated by Christ's Resurrection, let him transform us with his power, so that through us too the signs of death may give way to signs of life in the world.

Jesus is not in the tomb in Jerusalem, and he can come into your house even though you have your doors locked. Make space for Jesus in your life, in your day, and he



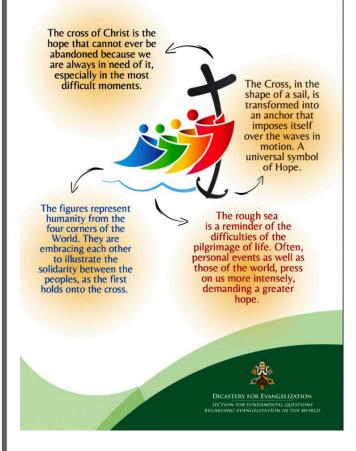
will come into your house with your doors locked. It happened a number of times that Jesus was with people after his resurrection, but they didn't recognize him for some time. Pray to Jesus every day that you may recognize him more in your home. You can pray in your own words, in your own way, but the important thing is to give Jesus time and space to come into your house every day even though you also have your doors locked.



Although invisible, he will be with you just as he was invisible but present with the two disciples on the road to Emmaus after the breaking of the bread. Above all, of course, like the two disciples on the road to Emmaus, we meet Jesus here in the Eucharist.

Sr. Jyoti Vorugonda, asc

Explanation of the Logo of Pilgrims of Hope





The three pillars of Lent!

To help keep us on track, the church offers us three pillars to focus our efforts during the 40 days of Lent: prayer, fasting and almsgiving.

THREE PILLARS OF LENT







PRAYER:

During Lent, we are called to pray as a way to connect with God and reflect on Jesus' sacrifice. Prayer helps us become attuned to God's voice, seek forgiveness and grow closer to him. Its a time for self-reflection and renewal, inviting us to align our lives with God's will. Through prayer, we find comfort, hope and strength in knowing that God is with us during our journey through Lent and beyond.

"Whether we realize it or not, prayer is the encounter of God's thirst with ours. God thirsts that we may thirst for him"— St. Augustine

How to incorporate prayer into the Lenten season?

"This season reminds us that God wants us to be reconciled to him and to one another. He wants us to shed anger, bitterness and resentments that could decay our souls. If we truly desire God's love and mercy, we must learn to humble ourselves and seek not only divine forgiveness but to establish lifegiving relationships around us."

If prayer is already a consistent habit in our daily lives, we can try adding something of greater intensity for the season of Lent such as attending daily Mass, praying a whole Rosary or chaplet every day or spending an extended period of time in silent contemplation.

Make prayer a priority this Lent:

Leading up to and throughout Lent, keep in mind that above all, this season is a time for deepening your relationship with the Lord. The three pillars of Lent —prayer, fasting and almsgiving—serve as guideposts on this



journey. Prayer, in particular, holds a special place in this season of repentance and renewal.

FASTING:

Fasting is not: A way to suffer for God

Instead, fasting is intentionally withholding something we'd normally partake in (normally food) for the purpose of creating space in our lives to feast on the presence of Jesus "directly."



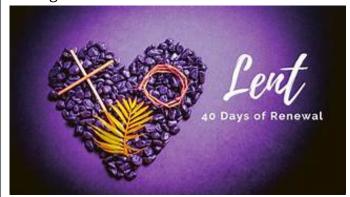
Fasting is:

- Wisdom it's love and knowledge meeting together in a practice that avails us to God's resources to meet our needs.
- <u>Training</u> it's the indirect effort that gives us access to something we can't try or make happen on our own.
- <u>Surrender</u> it's voluntarily "making ourselves weak" so that we can know and receive the strength and power of God (2 Cor 12:9-10).

Simply put: fasting is a way to place ourselves in the way of grace by withdrawing our reliance on earthly things so that we can feast on God's presence and power.

ALMSGIVING:

Almsgiving in Lent refers to the practice of donating money, goods, or time to those in need, considered one of the three pillars of Lenten observance alongside prayer and fasting.



By giving to others, Christians are encouraged to practice self-denial and reflect on the needs of those less fortunate, aligning with the spirit of Jesus' sacrifice.

Wishing you all A Holy and Blessed Lent!



Celebration of Feast of St. Maria de Mattias

Anne's School Convent Chandigarh, celebrated the blessed feast of St. Maria de Mattias. The Holy Saint was honoured in a week long celebration, reflecting upon her divine life and spirituality. students under the guidance of their shared the teachers anecdotes Holy Saint; inspiring the about and motivating others through these the life sharings based on St. Maria de Mattias.



The school campus was filled with divine the blessings as each morning the day began by offering candles and flowers at the feet of the Saint. Students were all full of reverence as they got to know more about a new Saint whose spiritual life was a great role model for all to walk in her footsteps. May St. Maria de Mattias bless all and keep guiding us.



May St.Maria de Mattias bless us all and keep guiding us.



TARIKERE SCHOOL ANNUAL DAY - ARADHNOSTAVA

Education is the key to unlocking the world, a passport to freedom." - Oprah Winfrey

The much-awaited annual day celebration, Aradhnostava 2.0, unfolded at Aradhana Academy with grandeur and a profound theme, "Human Touch Unites." The event was a vibrant showcase of talent, creativity, and the values that bind humanity together. It was a day to celebrate not just achievements but the deeper connections forged through education and empathy.

The program began with an inspiring inaugural ceremony by filling the pots with ನವಧಾನ್ಯ where the it symbolises the enlightening power of knowledge through the growth of plants. The dignitaries, parents, teachers, and students gathered to celebrate the ethos of the school that emphasizes holistic development, compassion, and unity.

Why is the theme for the year "Human Touch Unites" significant in today's world?

In a world driven by technology and individualism, the theme reminds us of the power of empathy, kindness, and togetherness. It emphasizes that education must nurture not just minds but also hearts, fostering unity and humanity. Aradhnostava 2.0 has proved that moral values are the most essential in life.



How does Aradhana Academy instill the value of unity among students during this Aradhnostava 2.0? By encouraging teamwork, cultural diversity, and collaborative learning, the school creates an environment where



students appreciate differences and build meaningful connections that transcend boundaries.

Lessons for Life: The cultural performances during Aradhnostava 2.0 beautifully depicted the importance of human connection. A heartwarming skit highlighted the role of empathy in solving conflicts, while a mesmerizing dance performance showcased how unity can turn challenges into opportunities.

The speeches by special guests, students and teachers further emphasized the importance of understanding and helping one another, reiterating that true education goes beyond academics it is about building bridges of understanding and compassion. The event also honored students who demonstrated not just academic excellence but also qualities like leadership, kindness, and teamwork, inspiring everyone to value human connections as a cornerstone of success.

Conclusion: Aradhnostava 2.0 was not just a celebration; it was a reminder of the transformative power of education when it touches hearts. The theme "Human Touch Unites" served as a beacon of hope, urging everyone to contribute to a world built on mutual respect and care.

"The function of education is to teach one to think intensively and critically. Intelligence plus character that is the goal of true education." — Martin Luther King Jr.



The day left everyone inspired, reinforcing that the true success of education lies in uniting minds and hearts to build a better future.



The happiness of your life depends upon the quality of your thoughts and deeds.

Every single deed of yours can bring many changes in some one's life. A small act of St. Maria in her young adolescence brought, many changes in the lives of many young girls in her time. The quality of her thinking about the circumstances of those days made her to listen to the voice of God and follow Christ her beloved master.



Without further ado she started the congregation by the name Adorers of the Blood of Christ. Inspired by St. Maria's thoughts and deeds today we have many adorers throughout the world. With the same charism, zeal and enthusiasm every adorer take part in the Paschal mystery of Christ. We do different ministries according to the needs and science of the time. Every single opportunity that we get to fulfil the mission of the Christ, the adorers will be present in that locality. So also we are very glad to share the experience of joy of being adorers in Pappinisseri, Kannur, Kerala.

We are extremely joyful in sharing our happiest moments in Pappinisseri. The Lord has been with us

throughout the years to do our mission in this locality.

The success of our school annual day celebration:

It has embarked in the lives of everyone who came to our campus. The theme of our annual day was "ACCENDERE" which means to ignite and to light up. The theme enlightened the many young minds to be fire, a spark in some one's life like our Foundress St. Maria De Mattias, each program had a connectivity with the theme. To conclude every child has imbibed a positive stroke of being a light to the other.



The celebration of birthday of our Foundress St. Maria De Mattias:

No matter what religion, cast, race, tongue, something that makes us united is; to say we are "St. Maria family" without any discrimination all came together to celebrate St. Maria Day in our school. We celebrated St. Maria Day on 3rd February 2025. By lighting the lamp we became aware that we are to be the light of the world. A flame kindled can give rise to a genius.



Offering flowers to St. Maria helps us to offer ourselves to God and pray to Him through the intercession of St. Maria De Mattias for our school, teachers, students and neighbours. The presentation of St. Maria life has made everyone to think over her sacrifices and achievements that she accomplished in her life. We gave an impact to the lives of every student by presenting St. Maria's life in a creative way of conducting the elocution and drawing competitions which made them to reflect the qualities of St. Maria and live on.



We the sisters with great zeal and enthusiasm carry out the charism of our Foundress in this locality with the ministry of education and pastoral apostolate.

We conclude with the inspiring words of St. Maria De Mattias:

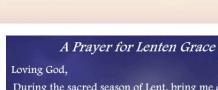
"With ego we are gone, without ego we go on."

HAPPY FEAST TO ALL !!!!

PAPINISSERI COMMUNITY

A Lenten Reflection...

Give up complaining; focus on gratitude
Give up harsh judgments; think kindly thoughts
Give up worry; trust divine Providence
Give up discouragement; be full of hope
Give up bitterness; turn to forgiveness
Give up hatred; return good for evil
Give up negativism; be positive
Give up pettiness; become mature
Give up jealousy; pray for trust



Loving God,

During the sacred season of Lent, bring me closer to you.

Prepare a place in my home and heart for silence and solitude, so that I may re-discover the grace of a prayer-full life.

Enlarge my heart so that I give to those in need and, in so doing, re-discover the grace of gratitude and generosity.

Help me to fast from those things that threaten the well-being of body and soul, remind me of the grace and simplicity.

May this season be grace-filled time to rekindle my love for and faith in you.

Amen.

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The Blooming

"Enjoy true peace which springs from the penance and labored and solitude of the religious life,, bedewed by the flowing streams of the precious blood of Jesus Christ and this is enjoyed only by those who have a true vocation. You too ,join in tasting so savory a gift." (750)

"In the innermost core of my heart, a majestic Truth reigns supreme, guiding me on an adventurous journey for vocation promotion. Along the winding roads of hope, I've savored the fragrance of divine care and love." Inspired by the remarkable legacy of our Foundress, St Maria de Mattias, I've embarked on a path illuminated by the radiant presence of our crucified Savior.



As I began my ministry, I was initially hesitant to venture into the unknown, hindered by language barriers and unfamiliar surroundings. Yet, in the midst of all these challenges, I discovered a profound sense of blessings reminding Christ's call "I will make you a fisher of men". The open hearts of people, their respect for consecrated life, and their generous hospitality touched my soul. Immersed in their culture, I gained a deeper understanding of their way of life. As I journeyed to promote vocations, I ventured into unfamiliar territories, but God's extraordinary care, love, and guidance ensured a remarkably smooth passage, rendering the experience truly unforgettable.

What struck me most was the depth of their Christian faith, rooted in fervent prayer and devotion. Their commit-



ment to God was palpable, a beacon of inspiration that guided my own spiritual journey. As I visited schools, sharing the story of Maria de Matthias and our congregation, I witnessed the excitement and enthusiasm of the students. Their response filled me with hope, strength, and courage, propelling me forward on my mission to spread the message of Christ's redeeming love." We hopefully wait for God's intervention.

Indonesia Community



A Golden Pilgrimage: Journey to Rome for the Beatification of Venerable Giovanni Merlini

"If we remain united in Jesus Christ, we will be strong, and everything will be easy for us." — St. Maria De Mattias

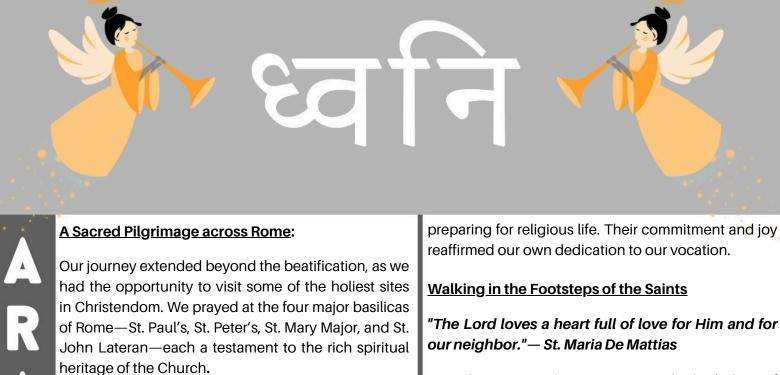
The Year of Jubilee 2025 was a time of immense grace, and one of its greatest blessings was our pilgrimage to Rome for the beatification of Venerable Giovanni Merlini, the Spiritual Director of St. Maria De Mattias. This sacred journey was not only an honour but a deeply transformative experience, filled with moments of prayer, reflection, and gratitude.



Our pilgrimage centered around the three-day beatification process. It began with a Holy Vigil on 11th Jan 2025 at the Church of the Twelve Apostles, where we gathered in prayer, preparing our hearts for this historic event. A Night Vigil deepened our spiritual connection, leading up to the solemn day when Venerable Giovanni Merlini was officially beatified at San Giovanni Laterano on 12th Jan 2025.

The experience was overwhelming witnessing a man of such being deep faith elevated to Blessed status reminded us of our own mission to live out the charism of St. Maria De Mattias. The final day was one of thanksgiving in St Gaspar church, where we reflected on the immense gift of his life and legacy on 13th Jan 2025.





One of the most unforgettable moments was attending a Papal Audience at the Vatican, where we received a blessing from the Holy Father. What made this experience even more extra-ordinary was the unexpected opportunity to touch the Pope,

moment of grace we never imagined possible.

We also took in the beauty of the Vatican Gardens, a place of serene reflection, and visited the Novitiate House in Nomentana, where we met Mariamma Kunickal, the Directress of International Novitiate and young women



preparing for religious life. Their commitment and joy

Our pilgrimage took us to Nettuno, the birthplace of St. Maria Goretti, where we stood in the very place where she was brutally stabbed. We prayed at the basilica of Our lady of graces and St Maria Goretti where her body rests, drawing inspiration from her unwavering faith and forgiveness.

We also visited the Sanctuary of the Holy House in Loreto, believed to be the home of the Blessed Virgin Mary. The profound silence and sacred atmosphere left us in awe, strengthening our connection to Mary, Woman of the New Covenant.

In Assisi, we walked in the footsteps of St. Francis and St. Clare, visiting their tombs and reflecting on their radical humility and love for creation. We were especially blessed to see the body of Blessed Carlo Acutis, a young modern-day saint whose deep love for the Eucharist continues to inspire young people around the world.



<u>A Tribute to Sacrifice and History</u>: Our pilgrimage was not only about spiritual encounters but also a time to honor those who gave their lives for a greater cause. In Sicily, we visited the cemetery where American soldiers are memorialized, reflecting on their ultimate sacrifice for peace.

Beyond places of faith, we also explored the historical and cultural richness of Rome. In Piazza Venezia, we stood before the Victor Emmanuel II Monument, a symbol of Italy's history and unity. At the Pantheon, we marveled at the architectural brilliance of this ancient temple-turned-church, a powerful reminder of the enduring presence of faith throughout history.

A Journey to Genga: The Frasassi Grotto:Our travels also took us to Genga, a breathtaking landscape of mountains and natural beauty. There, we visited the Frasassi Grotto, an underground wonder of intricate limestone formations. This awe-inspiring site reminded us of the beauty and majesty of God's creation.

A Pilgrimage of Renewal and Gratitude: This journey was more than a pilgrimage; it was a spiritual renewal, a reaffirmation of our mission, and a time of profound gratitude. We returned with hearts filled with joy, strengthened in faith, and renewed in our commitment to the charism of St. Maria De Mattias.

As we continue our mission, we hold onto the blessings of this pilgrimage, striving to live out the call of the Adorers of the Blood of Christ with even greater zeal.

Viva St Maria de Mattias!
Viva Blessed Giovanni Merlini!
Viva St. Maria Goretti!
Viva St. Francis and St. Clare!
Viva Blessed Carlo Acutis!
Viva the Precious Blood of Jesus!

We, Sr. Jessie D'Souza and Sr. Shainy Kayyanil specially thank Our Provincial Superior, Sr. Mini Vadakumcherry and Administration and Superior, Sr. Elsy Palatty and community for taking all the pain to prepare us in many ways to make our journey such a memorable one. We also thank the whole region for your prayerful accompaniment. Our heart-filled gratitude to our loving Sister, Sr. Stella for meticulous organization along with community at Palidoro with the generous permission of Sr. Beena, the Superior of Palidoro. Thanks a We also thank Sr. Mariamma and her million!!! novitiate community for preparing delicious lunch to make us feel at home. Never to forget our loving Sr. Patricia under whose motherly care we were followed and guided during our stay!!! We feel so fortunate....

> Sr. Jessie D'Souza, asc Sr. Shainy Kayyanil, asc



Jesus, the Wonderful Healer: A Testimony of Faith and Healing"

"I will call to mind the deeds of the Lord; I will remember your wonders of old." - Ps: 77:11

"Gracious is the Lord, and righteous; our God is merciful." - Psalm 116:5

The journey of faith often brings us face-toface with life's challenges, but in those moments, God reveals His miracles. My life is a testament to the healing power of Jesus, the Wonderful Healer, who has guided me through trials and blessed me with restoration.

A Battle with Headaches

Years ago, I began suffering from persistent headaches and was prescribed medication for a year. During one visit, a pharmacist warned me against taking the tablets, leading me to consult another doctor. This doctor diagnosed a growth near my ear pressing on a vein, causing the headaches. He suggested surgery but gave no guarantee of relief.

Two days before the operation, I had a vivid dream of running away from the operating theater. Upon waking, I heard an inner voice urging me to cancel the surgery. Trusting this divine guidance, I informed the doctor and canceled the procedure. Later, I learned that my mother had been fervently praying for me. Miraculously, my headaches disappeared, and I was healed.

Overcoming Chronic Back Pain

At the age of 38, I endured severe back pain due to a congenital spinal gap. A doctor advised me to wear a supportive belt continuously, but the pain persisted. Discouraged but trusting in God, I stopped using the belt and sought another opinion. The second doctor advised me to discontinue the belt, provided medication, and encouraged hope.

Despite some relief, complete healing came when I surrendered to God and trusted Him entirely. My mother's fasting and prayers for my recovery coincided with the disappearance of my pain. God restored my health, proving once again that *His grace is sufficient*.



Healing from Abdominal Pain

In 2019, I faced severe abdominal pain and bleeding. A doctor recommended a biopsy and an immediate operation. Uncertain about the necessity, I sought counsel from my brother and a companion sister. Guided by a persistent inner voice, I decided against surgery and entrusted my situation to God. Five years have passed, and I remain free from any complications.

Preservation of Sight

In 2022, a doctor warned me of potential vision loss without immediate surgery. Fearful yet determined, I opted to delay the operation. When I returned for a checkup in 2023, no surgery was suggested, and the treatment was adjusted to simple eye drops. My sight remains unaffected, a testament to Jesus' healing touch.

Miraculous Protection and Recovery

On September 9, 2022, I was struck by a cow that jumped over me, resulting in a head injury requiring two stitches. Remarkably, I resumed my duties within two days.

Later that month, on September 29, I suffered a leg fracture from a fall. X-rays revealed

significant damage, but swelling prevented immediate treatment. During an emergency trip, a local healer treated my leg with oil and bandages. Against all odds, I was able to walk and complete my journey.

Proclaiming God's Wonders

"O give thanks to the Lord, for He is good; His steadfast love endures forever." – Psalm 118:1

Throughout these challenges, Jesus' miraculous hand guided me, healed me, and protected me. His steadfast love and mercy have sustained me, and I cannot but proclaim His goodness.

To anyone struggling with trials, I urge you to place your trust in God. Surrender your burdens to Him, and you will witness His wonders. Jesus is indeed the Wonderful Healer, and His steadfast love endures forever.



Sr. Jaisy ASC





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March



10-03-2016 Mr. Devassy Father of Sr. Rosy Karippai



25-03-2020 Mrs. Marium Mother of Sr. Facintha Manickathann





03/04/2011 Mr. Philip, Father of Sr. Bridget Pulickakunnel



17/04 Mr. Anthony Samy, Father of Sr. Chinnammal A



13/05/2017 Mrs. Annamma, Mother of Sr. Mariamma Kunnackal

> 25-05-2004 Mr. Sandhiyagu Father of Sr. Lourdu Sagaya Selvi

28-05-2018 Mrs. Suvarthamma Mother of Sr. Saroja Gantepogu



June

04/06/2017 Mr. Raja Rao, Father of Sr. Saroja Gantepogu





20/06/2009 Mrs. Elamma, Mother of Sr. Moly Parayil



12-06-2010 Mrs. Annamma Mother of Sr. Sherly Koorkamattam

